



Zeomineral

Asta-Dream

Food supplement capsule containing citrus bioflavonoid, melatonin and astaxanthin



Sweet dreams with Zeomineral!

Ingredients:

- The name bioflavonoid covers a group of active substances found mainly in citrus fruits, which exert their beneficial effects primarily in the venous area of the vascular system. The regular daily intake of bioflavonoids can be suitable for alleviating the symptoms of venous diseases and against the complaints caused by hemorrhoids, which can make the daily lives of many people with sedentary jobs miserable.
- Melatonin levels rise in the body after dark to ensure a restful deep sleep, a refreshed awakening, and active, fatigue-free days.
- Astaxanthin is a must among the ingredients, as it is a powerful antioxidant that every body needs in every season.



Xan-generation of lifestyle



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Inadequate sleep is common among people who do sedentary work. It can also be triggered by other reasons, e.g. stress, hormonal changes, traveling between time zones, changing shifts. A natural help is the intake of the hormone melatonin. Melatonin is produced by our body as a reaction to darkness, helps us fall asleep and ensures proper, deep sleep.

The lack of natural darkness and strong artificial lights can affect the production of melatonin, so we can have problems with falling asleep, the length and quality of sleep.

These sleep disorders can be treated very well with melatonin supplementation, without the person concerned having to take strong sleeping pills.

Daily dose: 1x1 Package: 30 pcs

