



Zeomineral

Asta - Vitamin C

Food supplement capsule with pomegranate, vitamin C, and Astaxanthin



3 antioxidants in 1 capsule!

Don't leave it to chance if your body needs a large amount of antioxidants.

Antioxidants are molecules that bind free radicals in our body.

Free radicals are constantly formed and without antioxidants, they would cause serious damage to our body.

However, free radicals also play a role in maintaining our health, as immune cells use free radicals to fight infections.

So our body needs a balanced distribution of free radicals and antioxidants in order to function healthily and well. Organisms that are overburdened (disease, stress, environmental effects) need an antioxidant supply to maintain their balance.



Xan-generation of lifestyle



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Ingredients:

- Pomegranate extract: Pomegranate is a good source of two essential vitamins: 100 grams contain 10.2 mg of vitamin C, which is 17% of the recommended daily intake. It contains slightly more vitamin K, exactly 16 mcg, which is 20% of the daily guideline values. Vitamin C also increases the absorption of iron. Vitamin K is important for maintaining strong and healthy bones and for proper blood clotting.

Health benefits of pomegranate: Pomegranate is a deep burgundy-colored fruit that contains a lot of seeds: an average-sized pomegranate contains nearly 600 seeds. In addition, these seeds are not only tasty, but also have many beneficial properties. It plays an important role in weight control. Pomegranate seeds are low in calories but very rich in fiber, which is why they are also excellent for detoxification and weight loss. There are only 83 calories in 100 grams of pomegranate, but more than 4 grams of dietary fiber. They prevent the growth and spread of tumors. Anthocyanins have anti-inflammatory antiviral and antimicrobial properties.





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- Ascorbic acid: We have to supplement ascorbic acid with our daily meals, because our body cannot produce it. Ascorbic acid is one of the natural antioxidants - it inhibits the formation of free radicals caused by the oxygen in the air, acts against oxidative stress, and strengthens the defenses of the immune system. Ascorbic acid is involved in the absorption of oxygen by cells and the formation of collagen, which is necessary for the construction of the connective tissue of bones and cartilage, and promotes the absorption of iron.
- Astaxanthin: is included in the preparation as an extract of the Haematococcus Pluvialis algae. Protects the skin against UV radiation. It has an anti-inflammatory effect on the joints and eyes. It reduces the risk of cardiovascular diseases.

Daily dose: 2xl Package: 60 pcs



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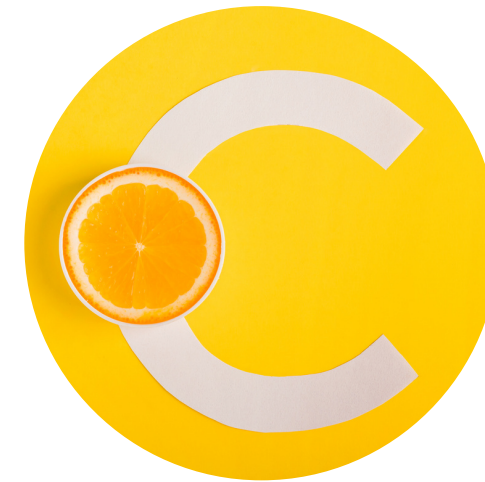
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**Pomegranate
extract**



Astaxanthin



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