

Natural care for tired, heavy legs with astaxanthin, volcanic mineral trace elements and herbs. Its colour may change due to natural plant ingredients, which does not affect the quality of the product. Artificial colour and oil-free product.

<u>Clay mineral</u> (smectite): Fe, Mg, Ca, Na, K The most important building cations of the skin together with Si.

Camphor foot gel made with horse chestnut extract, the active ingredients of which have a vasoconstrictive effect, increase blood circulation. Daily use of the gel relaxes and soothes tired and tense feet. Lavender extract relieves inflammatory muscle pain.

Herbal ingredients (horse chestnut, lavender, goat's rue, catnip, ginseng root, ginger root, linden, mate leaf, chamomile, calendula, nettle) have a beneficial effect on capillary circulation. Ingredients include marigold, which is one of the most versatile herbs. Excellent for reducing the symptoms of dermatitis and varicose veins. Packaging: 250ml

Xan-generation of body care

Natural Cosmetics







Herbs:

<u>Ginseng Root</u>: Helps the skin increase its own collagen production and makes it tonic, thus effectively fighting the signs of aging. The plant is rich in vitamins, minerals, and antioxidants, which together with the moisturizing and haemorrhagic effects of ginseng can be more easily absorbed into the skin. Recommended for dry, cracked, eczematous skin as well as acne and acne prone skin.

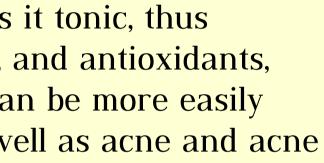
<u>Cat's claw</u>: Anti-inflammatory. Recorded external applications include wounds, pimples, abscesses, dermatitis, ulcerative skin lesions, fungal skin infections, shingles, lupus, and haemorrhoids of varying severity.

Ginger root: Ginger stimulates the skin surface, increases blood circulation and can detoxify the skin due to its warming effect.

<u>Mate leaf</u>: contributes to the proper formation of collagen and through this to the maintenance of the normal condition and function of the skin. It supports the protection of cells against oxidative stress.

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Clay mineral



<u>Chamomile</u>: Rich in anti-inflammatory active ingredients, chamomile has a good effect on reddened, sensitive skin, soothes irritated skin and soothes inflammatory processes in the epithelial tissue. Common rue: Its extract is used externally to relax tense muscles and tendons. <u>Linden flower</u>: Smoothes the skin, removes wrinkles, protects the skin, refreshes and suppresses inflammation. The flower of the linden tree has a moisturizing, pore-tightening, antibacterial and vitalizing effect due to its tannin, essential oil and flavonoid content in the care of skin that is deficient in fat and water.

<u>Nettle Leaf</u>: A thorough skin cleanser, its extract has a particularly good effect on oily skin. <u>Marigold</u>: The active ingredients in marigold include flavonoids, sesquiterpenes, carotenoids, coumarin, and essential oils. It has anti-inflammatory, soothing and immune-boosting effects. It is also suitable for the treatment of scars, eczema, itchy skin, pimples, bruises and mild sunburn. <u>Horse Chestnut Extract</u>: The aescin in the seed has a beneficial effect on the blood vessels, which is why it is very effective in treating varicose veins. It elasticizes and softens the skin and makes it silky.

Lavender: Soothes inflamed skin, psoriasis and eczema.

<u>Goat's rue: Makes the skin more elastic, tightens and protects it.</u>

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Clay mineral

3.







Ginseng root



Cat's claw



Ginger root



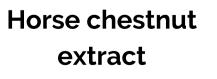
Mate leaf



Ch











Goat's rue





Astaxanthin

Clay mineral

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Chamomile



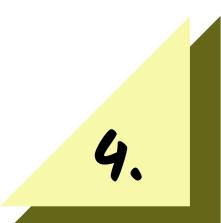
Marigold



Common rue



Nettle leaf



Foot care in three steps



I. After a long day, gift your tired heavy legs with a few minutes of pampering. In summer, a cool foot bath is refreshing, while lukewarm water is ideal for sweaty feet, and in winter, a warm, even hot bath helps. The biggest problem is usually the cracked stratum corneum on the sole. With regular foot care, this can be prevented and the soles and heels can be made soft. After soaking, calluses can be easily removed. The active ingredients of Pedizeo foot bath salt disinfect the skin surface, eliminate unpleasant odours, and effectively treat and prevent fungal diseases of the skin and nails. After a foot bath, wipe your feet dry and carefully remove any excess stratum corneum with a pumice stone or a fine file intended for this purpose. If the skin is cracked, hold the file perpendicular to the cracks. Be sure not to overdo the operation, if the skin becomes sensitive, finish it. There should remain a thin layer of stratum corneum that protects our part of the body exposed to the greatest load as a natural protective layer. If we cream our feet every day, it is enough to use a body scrub instead of a file.

2. We can keep our feet healthy and fit with a few minutes of foot gymnastics and a short massage a day. Soft-Xan foot cream is enriched with vegetable oils and is highly effective in replenishing skin moisture; its essential oils have a deodorizing effect. Herbal extracts have a beneficial effect on capillary circulation. It contains a unique algae extract, astaxanthin, which helps to absorb nutrients in the nanoscale as a catalyst. The content of vegetable oil (wheat germ, jojoba, flaxseed oil) and vitamins (A, E) makes dehydrated skin soft and healthy. Before going to bed, apply a lot of cream to your feet, it is worth applying a large amount of cream from time to time, and then pull on a sock at night, so that the skin will be fine and soft in the morning.

3. At first, there are only signs of varicose veins that when you get home in the evening, it's good to kick your shoes off your swollen foot. After a tiring day, the ankle thickens a bit, the skin itchy, a little painfu. As the problem progresses, even less strain causes pain and swelling. The veins become more and more visible through the skin, purple bumps form. This can occur when the venous and lymphatic systems are unable to remove used blood from the tissues or high-molecular-weight, toxic byproducts from the space between the tissues. Of course, this also requires the suction power of the heart, the proper condition of the vein wall. Over the years, the wall of the veins weakens. Weakness of the venous system is largely due to genetic origin, but can easily develop during pregnancy, sedentary work, and old age. The active substances in Clearance-Xan have astringent effect on the blood vessels, increase blood circulation and relieve pain. High levels of astaxanthin and horse chestnut extract have been shown to be beneficial for broom vein dilation and varicose veins. It provides a natural way to strengthen veins, alleviate complaints. The content of minerals deeply nourishes your skin and supports its function.



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Foot care in three steps





Herbal foot bath salt with sulphur and zeolite