



Zeomineral

Asta-Longa

Dietary supplement capsules containing turmeric and astaxanthin

About ingredients:

Curcuma Longa: Hindus honour the plant for its many beneficial effects, and also use it as a cosmetic, a body rejuvenating and cleansing agent. Curcumin, the active ingredient in the plant, gives it a bright yellow colour.

It is very similar to flavonoids in its mechanism of action and therapeutic use, and is an antioxidant, an effective anti-inflammatory, immune-stimulating compound.

It has also proven its value in cases of arthritis as well as indigestion.

It contributes to the flexibility of the joints and helps maintain the health of the bones and joints. Unlike other similar products, Asta-Longa capsules do not simply contain the ground spice, but its **CONCENTRATED EXTRACT**, in the maximum amount that can be dosed.

Astaxanthin: Astaxanthin is a naturally occurring red carotenoid pigment that is classified as xanthophyll and is found in microalgae and seafood such as salmon, trout and shrimp. Astaxanthin has a unique molecular structure responsible for its strong antioxidant activity. Studies have shown that oxidative stress and inflammation are reduced during astaxanthin therapy. The strongest natural antioxidant.





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Who is it recommended for?

- Those who have arthritis and musculoskeletal disorders make their daily lives more difficult.
- For athletes who want to protect their bodies from strain.
- For those who suffer from back and knee pain or sedentary work.
- For those who have chronic inflammation in their body.

Dosage: Take 1 capsule daily with plenty of fluid. Packaging: 60 pcs
Talk to your doctor if you are taking a blood thinner.

Consumption of turmeric is not recommended for patients with gallstones and pregnant women.

