



Zeomineral *Herbal Teas*



Each of our herbal tea contains sea buckthorn leaves:

About Sea buckthorn leaf:

Its use for preventive and strengthening purposes has been utilised for ages. Alexander the Great's campaign against the Persian Empire was partly saved by the sea buckthorn leaf. Exhausted people and horses crossing the high mountains gained new strength by consuming wild sea buckthorn leaf mass, presumably due to its 20-25% protein content and high vitamin and microelement content.

It has also been known in folk medicine for a thousand years; in the Indian Army, for example, freshly dried, chopped sea buckthorn leaves are part of the mandatory supply package. The extract of the sea buckthorn leaf has rightly come to the forefront of modern scientific research.





Zeomineral *Herbal Teas*



Its brew is a greenish-brown beverage with a dry matter content of 2% and a pH of 4.2, with a pleasantly grassy aroma. Contains vitamin A, vitamins B1, and B2, tannins, protein building blocks (amino acids), flavonoids, carotenoids, tocopherols, fatty acids, minerals (Mn, K), bioactive compounds, polyphenol complexes (quercetin, flavonols, epicatechin). The fatigue-reducing effect has already been proven by experiments, providing protection against tissue damage caused by strenuous exercise. It has a weight-optimizing role in reducing visceral fat. In case of diabetes, it is recommended to consume.

Effects:

- Immune booster, anti-inflammatory (anti-microbial activity), lowers cholesterol.
- Liver protection (oxidative stress reliever), stimulates heart activity, lowers blood pressure.
- Relieves flu, sore throat, upper respiratory problems.
- For the treatment of stomach ulcers.
- For the treatment of skin rashes, eczema, psoriasis, herpes.
- For arthritis, rheumatoid arthritis and other autoimmune diseases.





Zeomineral *Herby-Red*

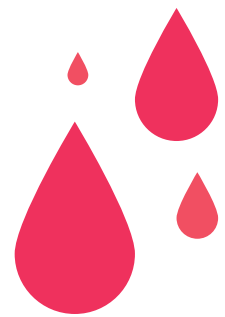
Herbal tea for blood purification



Ingredients: sea buckthorn leaf, hawthorn blossom and leaf, nettle leaf, yarrow, lavender



- For the relief of diseases of the cardiovascular system.
- For mild to moderate heart failure.
- Mild arrhythmias (mainly extra systole and tachycardia)
- As an adjunct to high blood pressure (it has no direct antihypertensive effect, it can control blood pressure due to its other effects).
- For heart complaints of nervous origin.
- Against coronary heart disease (angina pectoris).
- For the prevention of atherosclerosis (as a preventive, adjunctive therapy).





K
Potassium

Zeomineral *Herby-Red*

Herbal tea for blood purification

Mn
Manganese



Flowering branch of hawthorn, berry: heart-strengthening and soothing, in arterial sclerosis. The drying rate of fresh material consisting of flowers and leaves is approx. 4: 1, and that of the fruits approx. 2: 1. Both types of drugs are rarely recommended to be used alone for circulatory, cardiovascular drugs, especially heart nerve, heart failure, hypertension, atherosclerosis, coronary artery disease (angina pectoris), but in combination with other herbs with similar effects, in the form of tea. The drug, which consists of leaves and flowers, contains: crategus saponin, crateoglactone, sitosterol, adenosine, choline, acetylcholine, guanine, hyperoside flavonoid, quercetin, amino acids, vitexin rhamnoside glycoside, 0.15% essential oil, and so on.

Nettle: its leaf purifies the blood and kidneys; against rheumatism, gout, diabetes, hair loss.

Yarrow: antispasmodic, appetite stimulating, increases the secretion of bile and gastric juice; recommended for menopause, haemorrhoids, internal bleeding. Atherosclerosis, lowers blood pressure, blood purifying, mild laxative.

Lavender: sedative, antihypertensive, antispasmodic, anti bloating, recommended for asthma. Its tea has a calming, antispasmodic and appetite suppressant effect.

20pcs Filter / box



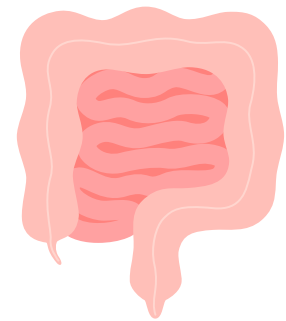
Zeomineral *Herby-Yellow*

Bile and intestinal cleanser herbal tea



Ingredients: sea buckthorn leaf, birch leaves, St. John's wort, peppermint leaf

- It dissolves the waste products left behind by metabolism, removes toxins from the body, tea with a mild menthol taste, which is one of the most effective antidotes for stomach, bile and intestinal disorders.
- Stimulates bile function, has a biliary, antispasmodic, and expectorant effect. Appetite suppressant helps digestion, also recommended in case of bloating.
- It also has a gastrointestinal disinfectant effect.



Potassium



Manganese



Zeomineral *Herby-Yellow*

Bile and intestinal cleanser herbal tea



Birch leaves: recommended for rheumatism, intestinal cramps, indigestion, urinary tract disease.
St. John's wort: stomach ulcer, rheumatism, heartburn, kidney disease, haemorrhoids, wound care, sedative. The drug (*Hyperici herba*) contains glycosides, tannins, colours, sugars, choline, pectin, nicotinic acid, etc. Its tea is used against gastric and intestinal ulcers, high blood pressure, indigestion, internal and external bleeding, and kidney and bile disorders. It is used externally to treat skin ailments and difficult-to-heal wounds, and is also used as a rinse against sore throat and gingival atrophy.
Peppermint leaf: The leaf drug (*Menthae piperitae folium*) contains 1.5-2% (50-60% menthol) essential oil, 5-10% tannins, nicotinic acid, coffee acid, chlorogenic acid, etc. Its tea is valuable as an everyday breakfast or soft drink, but also as a medicine. Peppermint can be added alone or in tea blends, as an appetite suppressant, as a laxative, as a bile stimulant, as a sedative, as an antispasmodic disinfectant, for gastrointestinal and urinary tract disinfection, for gastrointestinal catarrh, for headaches. It is used as a gargle against sore throats and hoarseness, and as a compress for inflammation. The leaf drug is also used to make liqueurs.

20 filters / box



Zeomineral *Herby-Brown*

Liver cleansing herbal tea



Ingredients: sea buckthorn leaf, small burdock leaf, liverwort leaf, chamomile, nettle leaf

- To regulate liver and bile function.
- You should also drink the tea if you have higher uric acid levels, rheumatism and gout. It is a good diuretic; its consumption can prevent the formation of kidney stones and kidney sand.
- Helps with food processing, digestion. It also regulates spleen function.
- As adjunctive therapy in bowel disease, biliary disorders, gastrointestinal tract, gastric ulcer, gastric acid overload, cystitis, liver disease.



Potassium



Manganese



Zeomineral *Herby-Brown*

Liver cleansing herbal tea



Small burdock: A pleasant-tasting tea in case of stomach, intestinal, liver, bile, kidney disorders; throat-mouth rinse. Lazy bowel syndrome, skin disease: against urticaria, biliary disorders, gastric duodenal ulcer, hyperacidic stomach, cystitis, liver disease.

Liverwort leaf: The drug (Hepaticae folium) contains glycosides, tannic acid, saponin. Its tea is consumed against bile, liver, urinary disorders, bladder disorders and kidney disorders.

Chamomile, Matricaria chamomilla L. Chamomile: anti-inflammatory, antispasmodic, sedative, for gastric, intestinal, bladder and biliary disorders, intestinal cramps, intestinal inflammation, intestinal catarrh, lazy bowel syndrome, ulcers, gastric acidity, hyperacidic stomach.

Nettle leaf blood and kidney cleanser; against rheumatism, gout, diabetes, hair loss.

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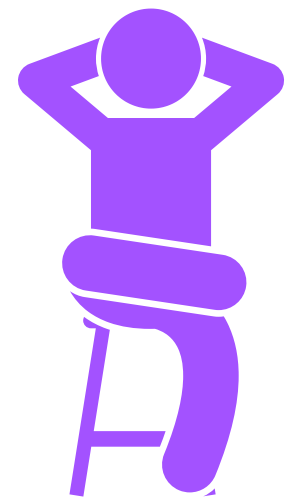


Zeomineral *Herby-Purple*

Soothing Herbal Tea



Ingredients: sea buckthorn leaf, lemongrass, lavender, catnip, peppermint, hawthorn flower, hops



- It reduces tension, relieves restlessness, discomfort, and headaches.
- It also relieves menstrual cramps, but it can also be used with digestive problems.
- It relaxes the tired nervous system, helps you sleep peacefully.
- You can also drink as a cure in stressful life situations. Consume it half an hour before bed, preferably without additional flavouring.



Potassium



Manganese



K
Potassium

Mn
Manganese

Zeomineral

Herby-Purple

Soothing Herbal Tea



Medicinal lemongrass: lemon-scented melissa, lemon balm, honeysuckle. Melissa officinalis L-Lemongrass: nerve booster, sedative, antispasmodic, carminative, digestive stimulant. It is recommended for asthma, Basedow's disease (goiter, hyperthyroidism), inflammation of the gut, intestinal catarrh, cancer, indigestion, bile disorders, atherosclerosis, bloating, nervousness, high blood pressure, nervous disorders of the heart.

Lavender: Tea has a soothing, antispasmodic, antihypertensive and appetite suppressant effect. It is also recommended for bloating and asthma.

Catnip: Sedative is made from catnip extract (the main active ingredient is isovaleric acid). Valeriana tablets are also known. The drug (Valerian radix) contains 0.1-1% (containing valeric acid) essential oil, alkaloids, organic acids, sugar, starch, tannic acid, resin, etc. An indispensable ingredient in tea blends with a sedative, and mild sedative effect.

It is also used in the manufacture of pharmaceutical preparations for similar purposes. It is recommended against insomnia, Basedow's disease (goiter, hyperthyroidism), epilepsy, atherosclerosis, gastric oedema, hypertension.



Potassium



Manganese

Zeomineral

Herby-Purple

Soothing Herbal Tea



Peppermint leaf: The leaf drug (*Menthae piperitae folium*) contains 1.5-2% (50-60% menthol) essential oil, 5-10% tannins, bitter substances, nicotinic acid, coffee acid, chlorogenic acid, etc. contain. Its tea is valuable as an everyday breakfast or soft drink, but also as a medicine. Peppermint can be consumed alone or in tea blends, as an appetite suppressant, a laxative, a bile stimulant, a sedative, an antispasmodic for disinfecting the gastrointestinal tract and urinary tract, for gastrointestinal catarrh, for headaches. It is used as a gargle against sore throat and hoarseness, and as a compress for inflammation. The leaf drug is also used to make liqueurs!

Flowering branch of a hawthorn: The blooming flowers of *Crataegi herba* or *summitas* (*Crataegiflos cumfoliis*) and its ripe fruit (*Crataegi fructus*) collected with its foliage provide the drug. The drying rate of fresh material consisting of flowers and leaves is approx. 4: 1, and that of the fruits approx. 2: 1.



K
Potassium

Mn
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Herby-Purple

Soothing Herbal Tea



Both types of drugs are rarely recommended in the form of tea for circulatory, cardiovascular drugs, especially for sinus trouble, heart failure, high blood pressure, atherosclerosis, coronary artery disease (angina pectoris) alone, but rather in combination with other herbs with similar effects.

hops: The drug (*Humuli lupulistrobulus*) contains essential oil, bitter substances, resin, asparagine, tannin, enzyme. Its tea has a calming effect and a mild sedative effect.

It is also used for baking bread and making beer in households!

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